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HEALTH AND SAFETY POLICY STATEMENT: **BEAM! THROUGH GYMNASTICS**

HEALTH AND SAFETY AT WORK ETC ACT 1974:

This is the Health and Safety Policy Statement of [BEAM! through Gymnastics](#)

Our statement of general policy is:

- to provide adequate control of the health and safety risks arising from our work activities
- to consult with all staff and volunteers on matters affecting their health and safety
- to provide and maintain safe plant and equipment
- to ensure safe handling and use of substances
- to provide information, instruction and supervision for staff and volunteers;
- to ensure all staff and volunteers are competent to do their tasks, and to give them adequate training;
- to prevent accidents and cases of work-related ill health;
- to maintain safe and healthy working conditions; and
- to review and revise this policy as necessary at regular intervals.

RESPONSIBILITIES:

Overall and final responsibility for health and safety is that of the management committee of [BEAM! through Gymnastics](#)

Day-to-day responsibility for ensuring this policy is put into practice is delegated to **Rachel Rogers**

To ensure health and safety standards are maintained/improved,

All staff and volunteers are expected to:

- co-operate with the person named above on health and safety matters;
- not interfere with any equipment provided to safeguard their health and safety;
- take reasonable care of their own health and safety; and
- report all health and safety concerns to an appropriate person (as detailed in this policy statement).

Health and safety risks arising from our work activities:

- Risk assessments will be undertaken by **Rachel Rogers**.
- The findings of the risk assessments will be reported to the Management Committee.
- Action required to remove/control risks will be approved by the Management Committee.
- **Rachel Rogers** will be responsible for ensuring the action required is implemented.
- The management committee will check that the implemented actions have removed/reduced the risks.
- Assessments will be reviewed every six months or when the work activity changes, whichever is soonest.

Consultation with Staff and Volunteers:

[BEAM! through Gymnastics](#) will consult with staff and volunteers on the following:

An accessible gymnastics club supporting children with additional emotional, physical, behavioural and sensory challenges.

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- any new measure which may substantially affect their health and safety at work, for example new equipment, new ways of working and new procedures
- arrangements for getting competent people to help satisfy health and safety laws
- the information we give to staff and volunteers on the risks to health and safety arising from their work, measures to reduce or get rid of these risks and what they should do if they are exposed to a risk, including emergency procedures
- planning and organising health and safety training
- the health and safety consequences for them of any new technology we plan to introduce
- The information provided to staff and volunteers will be in a form that can be easily understood.
- [BEAM! through Gymnastics](#) will consult directly with staff and volunteers in the most efficient way possible.
- [BEAM! through Gymnastics](#) will allow enough time for staff and volunteers to consider the issues and give informed responses. Staff and volunteers are encouraged to ask questions, raise concerns and make recommendations.
- [BEAM! through Gymnastics](#) will take staff and volunteers' views into account before a final decision is made, respond to any concerns and questions raised and explain the final decision and why it has been taken.

Safety equipment:

- The management committee will be responsible for identifying all equipment needing maintenance.
- The management committee will be responsible for ensuring effective maintenance procedures are drawn up.
- The management committee will be responsible for ensuring that all identified maintenance is implemented.
- Any problems found with equipment should be reported to the management committee/ line manager or volunteer coordinator immediately.
- The management committee will check that new equipment meets health and safety standards before it is purchased.

Safe handling and use of substances:

- The management committee will check that new substances can be used safely before they are purchased.
- [BEAM! through Gymnastics](#) does not currently use or store any substances which need a COSHH assessment.

Information, instruction and supervision:

- The Health and Safety Law information is supplied to each employee via the equivalent leaflet and is available from **Rachel Rogers**.
- Health and safety advice is available from **Rachel Rogers** or on the HSE website.
- Supervision of young volunteers/trainees will be arranged/undertaken/monitored by **Rachel Rogers**

Competency for tasks and training:

- Induction training will be provided for all staff and volunteers
- Training records are kept electronically by **Rachel Rogers**.
- Training will be identified, arranged and monitored by **Rachel Rogers**.

Accidents, first aid and work-related ill health:

- Health surveillance is not required in relation to any jobs at [BEAM! through Gymnastics](#)
- The first aid box is kept by **the Lead Coach**.
- All accidents, near misses and cases of work-related ill health are to be recorded in the accident book. The book is kept by **the Lead Coach**.
- **Rachel Rogers** is responsible for reporting accidents, diseases and dangerous occurrences to the management committee.

Monitoring:

- To check safe working conditions, and ensure safe working practices are being followed, the management committee will carry out regular site inspections and investigate any accidents and near misses that occur.
- The Management Committee is responsible for investigating accidents.
- **Rachel Rogers** and the management committee are responsible for investigating work-related causes of sickness and the management committees are responsible for acting on investigation findings to prevent a recurrence.

Emergency procedures – fire and evacuation:

- **Rachel Rogers** is responsible for ensuring the fire risk assessment is undertaken and implemented.

- Escape routes should be checked daily by anyone on site for obstructions and cleared if blocked
- Fire extinguishers and alarm tests are maintained and checked by appropriate person/s every year.

Emergency Evacuation Procedure:

- An emergency evacuation should be carried out periodically and the procedure is on display, situated by the Fire Extinguishers across the building
- The management Committee will be made available to support the **Rachel Rogers** with all tasks due to the legal obligation of the organisation's day to day running of [BEAM! through Gymnastics](#).

Reviewed December 2017

Reviewed May 2020

Reviewed February 2022